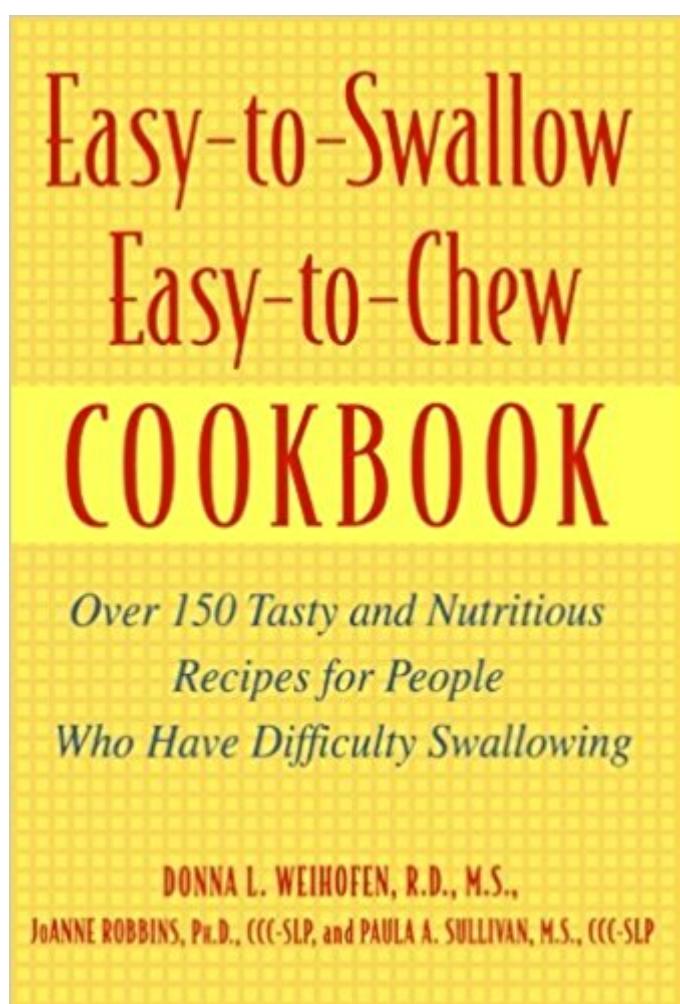


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# Easy-to-Swallow, Easy-to-Chew Cookbook: Over 150 Tasty And Nutritious Recipes For People Who Have Difficulty Swallowing



## Synopsis

Delicious and nourishing recipes that are easy to eat and swallowThe simple act of eating is a challenge for millions of people whose ability to chew and swallow has been compromised by the debilitating effects of age or disease. The Easy-to-Swallow, Easy-to-Chew Cookbook presents a collection of more than 150 nutritious recipes that make eating enjoyable and satisfying for anyone who has difficulty chewing or swallowing. It also shares helpful tips and techniques to make eating easier for the elderly and those with such diseases as Parkinson's, AIDS, or head and neck cancers.

## Book Information

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Average Customer Review: 4.3 out of 5 starsÂ  See all reviewsÂ  (28 customer reviews)

Best Sellers Rank: #79,249 in Books (See Top 100 in Books) #30 inÂ  Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases > Digestive Organs #34 inÂ  Books > Medical Books > Medicine > Internal Medicine > Gastroenterology #1549 inÂ  Books > Cookbooks, Food & Wine > Special Diet

## Customer Reviews

Donna L. Weihofen, RD, MS (Verona, WI), is a nutritionist and the author of The Cancer Survival Cookbook and Magic Spices.JoAnne Robbins, PhD (Madison, WI), is founder of the University of Wisconsin's clinical Swallowing Service.Paula A. Sullivan, MS, CCC-SLP (Madison, WI), is a speech pathologist who specializes in swallowing rehabilitation.

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